

## **Welcome Back**



## September 2024 Hudson Falls Central School District High School Menu

BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g
Muffins	Muffins	Muffins	Muffins	Muffins
	Donuts: Tues & Thurs		Donuts: Tues & Thurs	
LUNCH MENU				



	5-Sep	6-Sep
CHEESE PIZZA		Deluxe CHICK BURGER
Garden salad		French Fries
Fruit Choice		Fruit Choice
Pudding		Milk
Milk		

9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
TACOS w/ched cheese	Marinated Roast Chicken	CHICKEN CAESAR WRAP	Buffalo Chicken Pizza	SPAG WITH MEATBALLS
Rice Pilaf	Mashed potato/ gravy		Pasta Salad	Corn
Broccoli	Corn	Fruit Choice Milk	Fruit Choice	Fruit Choice
Fruit Choice	Fruit Choice	Milk ( )	Milk	Jello
Milk	Milk			Milk

16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
CHICKEN AND CHEESE	PULLED PORK/wg ROLL	STUFFED SHELLS (Cheese)	Meatlovers Pizza	ITALIAN MIX SUB/wg ROLL
QUESADILLA	Rice	w/ SPAGHETTI SAUCE	Spag Sauce	Glazed Carrots
Veg Spanish Rice	Broccoli Florets	Garlic Bread	Corn Corn	Fruit Choice
Baked Beans	Fruit Choice	Green Beans	Fruit Choice	Milk
Fruit Choice Milk	Milk	Fruit Choice Milk	Milk	

23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
CHICKEN ALFREDO	SWT & SOUR CHICKEN	CHICKEN BURRITO	VEGGIE PIZZA	Walking Tacos
w/PASTA	Rice	Garden Peas	Pasta Salad	Refried Beans
Green Beans	Broccoli	Fruit Choice	Fruit Choice	Peaches Chas Rudding
Fruit Choice	Fruit Choice	Milk	Cookie	Choc Pudding
Milk	Pudding Milk		Milk	Milk

30-Sep
Bacon Cheese Burgers
Tots
Broccoli
Fruit Choice
Milk



wk1 wk2 wk3 wk4

Broccoli Ched Soup Beef Barley Soup Chicken Noodle Soup

Souper Wednesdays



## Every Day Offerings: Lunch:

Pizza Burgers PB&J Salad Bar

Ala Cart: Wraps, Entrée Salads, Subs.

<sup>\*</sup>Menu Subject to Change\*

<sup>\*</sup>Reminder: All Students Receive Free Breakfast and Lunch\*