October 2024 Hudson Falls Central School District Kindergarten School Menu

		BREAKFAST		
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza	Breakfast Sandwich	Yogurt	FT Sticks & Sausage	Cinni Mini
Cereal	Poptarts w/g	Cereal	Cereal	Cereal
Poptarts w/g	WG-Toast PB/Jelly	WG-Toast PB/Jelly	juice	Graham Cracker
WG-Toast PB/Jelly	Gram Crackers	Gram Crackers	WG-Toast PB/Jelly	Fresh Fruit
Graham Cracker	Juice	Pumpkin Muffins	Gram Crackers	
Fruit		Fruit		
		LUNCH MENU		

1-Oct	2-Oct	3-Oct	4-Oct
Chicken Patty w/g bun	Grilled Cheese	Cheese Pizza Sticks/sauce	Baked Ziti w/meatballs
Fresh Carrot Sticks	Tomato soup	Broccoli Florets	Tossed Salad
Mshd Potatoes &Gravy	Corn	Fresh Melon	Bread sticks
Fresh Oranges	Fresh Bananas	Milk	Cantalope
Cookie Milk	Milk		Milk

7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Pancakes/Saug	Taco Bowl	Mac and Cheese	Veggie Pizza	Chicken Nuggets
Homefries	Rice	Tossed Salad	Tossed Salad	Potato tots
Carrots sticks and dip	Carrots (CO)	Fresh Oranges	Fresh Apples	Fresh Bananas
Fresh Apple	Fruit Choice	W/G Roll	Milk	Broccoli
Milk	Milk	Milk	Cookie	Milk

14-	Oct	15-Oct	16-Oct	17-Oct	18-Oct
Columbus Day	Pasta Meat Sauce		Hot Dog on w/g roll	PIZZA Slice	Cheese burgers on w/g
	Garlic toast		Garden Peas	Veggie Pasta Salad	Peas and Carrots
	Broccoli		Tots	Fresh Oranges	Peaches
	Fresh Melon cups		Fresh Bananas	Cookie	Baked Tots
	Pudding Milk		Milk	Milk	Milk

21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
Popcorn Chicken	Corn Dogs	Grilled Ham and cheese	Meatball Pizza	Chicken Wrap w/L,T.
Mashed potato/ gravy	California Blend Veg	Potato nuggets	Corn and Peas	Baked Chips
Corn	Fresh Bananas	Broccoli	Oranges	Sliced Apples
Applesauce cups	Milk	Pears	Milk	Milk
Milk	Brownie	Milk		Pasta Salad

	Mashed potato/ gravy	California Blena Veg	Potato nuggets	Corn and Peas	Bakea Chips	ı	
	Corn	Fresh Bananas	Broccoli	Oranges	Sliced Apples		
	Applesauce cups	Milk ()	Pears	Milk	Milk		
	Milk	Brownie	Milk		Pasta Salad	ĺ	
	28-Oct	29-Oct	30-Oct	31-Oct	Every Day Offerings:	1	
	Chicken Nuggets	Hot dog on w/w roll	Marzarolla Sticks W/sauco	RRO Chickon Pizzza	Lunch	į	

Chicken Nuggets Carrot sticks and dip Fruit cup Baked Beans

Hot dog on w/w roll Tots Fresh Fruit Cup Brownie

Milk

Mozzarella Sticks w/sauce W/G Bread Butter Fresh Garden Salad Fresh Apples Milk

BBQ Chicken Pizzza Tossed Salad Fruit Choice Holiday Dessert

Reminder: All Students Receive Free Breakfast and Lunch



Souper Wednesdays Chicken Noodle Soup Tomato Soup Minestrone Soup Beef Noodle Soup



Chicken Burger on w/g bun Deli Bar PB&J Salads

Cheese Sticks Fresh Prepared Fruit Ala Cart: Wraps, Entrée Salads, Subs.