

## November 2024 Hudson Falls Central School District Intermediate School Menu

BREAKFAST					
EVERY MONDAY	EVERY TUESDAY	every wednesday	EVERY THURSDAY	EVERY FRIDAY	
Breakfast Pizza	Breakfast Sandwich	Yogurt	FT Sticks & Sausage	Cinni Mini	
Yogurt Parfaits	Poptarts w/g	Cereal	Cereal	Cereal	
Cereal	WG-Toast Jelly	WG-Toast Jelly	Juice	Graham Cracker	
Muffins	Gram Crackers	Gram Crackers	WG-Toast Jelly	Fresh Fruit	
Poptarts w/g	Juice	Pumpkin Muffins	Gram Crackers		
Fruit		Fruit			
LUNCH MENU					

1-Nov
Bacon Cheese Burger
Sweet Potato Fries
Fresh Fruit cup
Carrots
Milk

Lunch:

Deli Bar

Cheese Sticks

Fresh Prepared Fruit Ala Cart: Wraps, Entrée Salads, Subs.

PB&J Salads

Chicken Burger on w/g bun

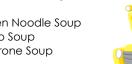
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
Nacho Bowl/refried beans	Superintendent Day	Grilled Ham and Cheese	Veggie Delight PIZZA	Pancakes, Sausage
Rice Pilaf		Tomato soup	Broccoli Florets	Hashbrown
Fresh Garden Salad		Fruit Choice	Fruit Choice	Broccoli
Fruit Choice	The Spe	Tossed Salad	Pasta Salad	Fruit Choice
Milk		Milk	Milk	Pudding Milk

11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
Veterans' Day	Chicken/Ch Quesadilla	Corn Dogs	Buffalo Chicken PIZZA	Chicken Patty on ww bun
1	Rice	Green Beans	Tossed Salad	Potato Nuggets
	Broccoli Florets	Baked Fries	Fruit Choice	Peas and Carrots
	Fruit Choice	Fruit cup	Carrots	Fruit Choice
Mar Contraction	Milk	Milk	Milk	Milk
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
Mozzarella Sticks	Hot Dog w/meat sauce	Spag w/ Meatsauce	Pepperoni Meatball Pizza	Fish Burger Cheese ww bun
Broccoli	Tossed salad	W/G Garlic Bread	Baby Carrots Dip	Baked Chips
Fruit Choico	Eroch Eruit	Mixed garden yea	Fruit Choice	Fruit Choice

Fruit Choice	Fresh Fruit	Mixed garden veg	Fruit Choice	Fruit Choice
Choc Pudding	Totts	Fruit Choice	Cookie	Corn
Milk	Milk	Milk	Milk	Milk
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Pasta Marinara/roll	Sliced Turkey, Cran Sauce	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess
Meatballs	Stuffing,Corn		1	
Corn	Mashed&Gravy			
Fruit Choice	Fruit Cup, Milk	a martine	and the second s	The Carry
Milk	Pumpkin Pie			
		Souper Wednesdays		Every Day Offerings:

Chicken Noodle Soup wk1 Tomato Soup wk2 wk3





\*Menu Subject to Change\* \*Reminder: All Students Receive Free Breakfast and Lunch\*