



November 2024 Hudson Falls Central School District **Middle School Menu**

BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g
Muffins	Muffins	Muffins	Muffins	Muffins
Breakfast Pizza	Donuts: Tues & Thurs	Breakfast Pizza	Donuts: Tues & Thurs	Breakfast Pizza

LUNCH MENU

4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
Walking Tacos Rice Pilaf Fresh Garden Salad Fruit Choice Milk	Superintendent Day 	Grilled Ham and Cheese Tomato soup Fruit Choice Milk	Veggie Delight PIZZA Broccoli Florets Fruit Choice Milk	Chicken Alfredo w/ Garlic toast Broccoli Fruit Choice pudding Milk
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
Veterans' Day 	Chicken Burrito Rice Broccoli Florets Fruit Choice Milk	Mushroom Cheese Burgers Green Beans Baked Fries Fruit cup Milk	Buffalo Chicken PIZZA Tossed Salad Fruit Choice Milk	Turkey Provolone Pretzel Potato Nuggets Corn Fruit Choice Milk
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
BBQ Chicken Baked Beans Carrots Fruit Choice Milk	Dbl Dogs w/meat sauce Tossed salad Fresh Fruit Totts Milk	Spag w/ Meatsauce W/G Garlic Bread Mixed garden veg Fruit Choice Milk	Pepperoni Meatball Pizza Tossed Salad Fruit Choice Cookie Milk	Fish Burger cheese w/w bun Baked Fries Fruit Choice Corn Milk
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Baked Ziti garl.bread Meatballs Corn Fruit Choice Milk	Sliced Turkey,Cran Sauce Stuffing,Corn Mashed&Gravy Fruit Cup, Milk Pumpkin Pie	Thanksgiving Recess 	Thanksgiving Recess 	Thanksgiving Recess

Souper Wednesdays



wk1
wk2
wk3

Chicken Noodle Soup
Tomato Soup
Minestrone Soup



Every Day Offerings:

Lunch:

Chicken Burger on w/g bun
Deli Bar
PB&J/Fluff
Salads
Cheese Sticks
Fresh Prepared Fruit
Ala Cart: Wraps, Entrée
Salads, Subs.

Menu Subject to Change

Reminder: All Students Receive Free Breakfast and Lunch