



JANUARY 2025 Hudson Falls Central School District High School Menu

BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Muffins	Muffins	Muffins	Muffins
Breakfast Pizza	Donuts: Tues & Thurs	Breakfast Pizza	Donuts: Tues & Thurs	Breakfast Pizza
LUNCH MENU				

		1-Jan	2-Jan	3-Jan
		Holiday Recess	Holiday Recess	Holiday Recess
6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Grilled Ham and Cheese	General Tso's Chicken		Meat lovers PIZZA	Popcorn Chicken
Tots	W/G rice	Minestrone Soup	Tossed Salad	Fries
Glazed Carrots	Broccoli Florets	Peas	Fruit Choice	Corn
Fruit Choice	Fruit Choice	Fruit Choice	Milk	Fruit Choice
Milk	Milk	Milk		Milk
13-Jan				
Taco Bowl	Mac and Cheese	Sloppy Joe on w/g bun	3 Cheese Pizza	Double Dog Day
Red Beans and Rice	Pasta Salad	Tots	Caesar Salad	w/ Meat Sauce
Fruit Choice	Carrots	Broccoli	Fruit Choice	Sweet Potato Fries
Corn	Fruit Choice	Fruit Choice	Brownie	Fruit Choice
Milk	Milk	Milk	Milk	Milk
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
MLK Day	REGENTS TESTING WEEK	REGENTS TESTING WEEK	REGENTS TESTING WEEK	REGENTS TESTING WEEK

20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
MLK Day	REGENTS TESTING WEEK	REGENTS TESTING WEEK	REGENTS TESTING WEEK	REGENTS TESTING WEEK

27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Pretzel Roll Cheeseburger	Chicken Nuggets	Holiday	Taco Pizza	Pasta Bakes
Fries	Tots		Pasta Salad	ww/roll margarine
Broccoli Sautee	Pasta Salad		Fruit Choice	Meatballs
Fruit Choice	Fruit Choice		Cookie	Fruit,California Veg
Milk	Milk		Milk	Milk



Menu Subject to Change

Reminder: All Students Receive Free Breakfast and Lunch

Souper Wednesdays
week 2 Chicken Rice week 3 Beef Vegetable



Every Day Offerings:

Lunch:

Pizza

Burgers PB&J

Salad Bar

Ala Cart: Wraps, Entrée Salads, Subs.