





JANUARY 2025 Hudson Falls Central School District **Middle School Menu**



BREAKFAST


EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Muffins	Muffins	Muffins	Muffins
	Donuts: Tues & Thurs		Donuts: Tues & Thurs	


LUNCH MENU

1-Jan	2-Jan	3-Jan
Holiday Recess	Holiday Recess	Holiday Recess

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Grilled Ham and Cheese Tots, Tomato Soup Glazed Carrots Fruit Choice Milk	General Tso's Chicken W/G rice Broccoli Florets Fruit Choice  Milk	Italian Mix Sub Minestrone Soup Peas Fruit Choice Milk	Meat lovers PIZZA Tossed Salad Fruit Choice Milk	Popcorn Chicken Fries  Corn Fruit Choice Milk

13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Taco Bowl Black Beans and Rice Fruit Choice  Corn Milk	Mac and Cheese Rolls Carrots Fruit Choice Milk	Chicken Tenders Tots Broccoli  Fruit Choice Milk	3 Cheese Pizza Caesar Salad Fruit Choice Brownie Milk	Double Dog Day w/ Meat Sauce Sweet Potato Fries Fruit Choice Milk

20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
MLK Day	Chicken Fajitas Corn Fruit Choice Jello Milk	Pretzel Roll Cheeseburger Fries Broccoli Sautee Fruit Choice Milk	Cheese Pizza Cole Slaw Fruit Choice Milk	Chicken Fajitas Corn Fruit Choice Jello  Milk

27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Corn Dogs Fries Broccoli Sautee Fruit Choice Milk	Chicken Nuggets Mashed ,Gravy Corn Fruit Choice  Milk	Holiday	Taco Pizza Tossed Salad Fruit Choice Cookie Milk	Pasta Bakes ww/roll margarine Meatballs Fruit, California Veg Milk



Menu Subject to Change
Reminder: All Students Receive Free Breakfast and Lunch



Souper Wednesdays
 week 2 Minestrone
 week 3 Beef Vegetable
 week 4 Tomato

Every Day Offerings:

Lunch:

- Pizza
- Burgers
- PB&J
- Salad Bar
- Ala Cart: Wraps, Entrée
- Salads, Subs.