



March 2025 HFGSD Intermediate School Menu



REMINDER: ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH

BREAKFAST

Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday
Breakfast Pizza	Breakfast Sandwich	Yogurt	French Toast Sticks & Sausage	Cinni Mini
Cereal	Poptarts w/g	Cereal	Cereal	Cereal
Poptarts	WG Toast with Jelly	WG Toast with Jelly	Juice	Graham Cracker
WG Toast with Jelly	Graham Crackers	Graham Crackers	WG Toast with Jelly	Fresh Fruit
Graham Crackers	Juice	Blueberry Muffins	Graham Crackers	
Fruit		Fruit		

LUNCH MENU

March 3rd	March 4th	March 5th	March 6th	March 7th
Mac and Cheese	Cheeseburger	Spag meatsauce	Pizza/Pizza Sticks sauce	Grilled Cheese
Fresh Broccoli	Fries	Garlic Bread	Broccoli	Carrots/Dip cups
W/W Roll	Green Beans	Salad	Fruit Choice	Chicken Noodle Soup
Fruit cup	Fruit Choice	Fruit Choice	Milk	Fruit Choice
Milk	Milk	Milk		Milk
March 10th	March 11th	March 12th	March 13th	March 14th
Popcorn Chicken	Bacon Cheese Burger	French Toast Sticks	Pizza, Pizza Sticks sauce	 Superintendent's Day
Buttered Egg Noodle	Baked Chips	Tater Tots	Tossed Salad	
Carrot sticks/Ranch	Broccoli	Sausage Patty	Fruit Choice	
Fruit Cup	Fruit Cup	Fruit Choice	Choc & Van pudding	
Milk	Milk	Milk	Milk	
March 17th	March 18th	March 19th	March 20th	March 21st
Mozzarella Sticks/Sauce	Bagged Lunches	Bagged Lunches	Bagged Lunches	Bagged Lunches
Garlic Bread				
Corn/Green Beans				
Fruit Cups				
Milk				
March 24th	March 25th	March 26th	March 27th	March 28th
Pretzel, Yogurt, Cheese	Tacos	Pancakes	Pepperoni Pizza	Chicken Burger
Glazed Carrots	Tortilla Chips	Bacon	Veggie Pasta Salad	Corn
Peas	Rice/Corn	Hashbrowns	Fruit Choice	Baked Beans
Fruit Cup	Fruit Cup	Fruit/Carrots dip	Cookie	Fruit Choice
Milk	Milk	Milk	Milk	Milk
March 31st				
Hamb on w/g roll				
Baked Beans				
Fruit Choice				
Tossed Salad				
Milk				

Daily Lunch Offerings: Cheese Sticks, PB&J, Salads, Subs, Wraps, Chicken Patty, Burgers

Souper Wednesdays:	Week 1: Beef Vegetable	Week 2: Chicken Noodle	Week 3:	Week 4: Tomato
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Menu Subject to Change

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